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e-News

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## Vasculitis UK website survey

The new Vasculitis UK website was launched just under a year ago. In that time we have been adding new information to keep the website current and interesting. The information on fundraisers and other events is updated regularly while the medical information has been update with new articles written for us by medical specialists.

The website visitor figures show us that many people are visiting our website. Some people are doing so regularly. However we want to ensure that you can find what you are looking for when you visit, and that we are providing the information that interests you.

We would like to know what you think of our site and what you would like to see in the future.

Please tell us by taking the following survey. It will take about 10 minutes.

[Vasculitis UK Website Survey](#)

Many thanks.

## Vasculitis UK Shop



Winston, the Vasculitis UK bear, would like to invite you to take a look at our "new look" [website shop](#)

## Dales Walk For All



Vasculitis UK has partnered with the Jane Tomlinson Dales Walking Festival on 18th August.

There are three different levels of walk from the 5 miles "Rocky Road" to the 14

We have all new photographs, and two new offers. The first is a pack of pens with the Vasculitis UK logo, and one, which Winston is modelling and particularly likes - a baseball hat for bears - which comes in black or white.

Winston has asked us to remind you that you can now pay by PayPal, but you can, of course, continue to pay by cheque if you prefer.

So, why not visit the [Shop](#) today?

mile "Blockbuster" up to the 28 mile "Hard as Dales" for the very experienced.

It isn't too late to enter. Vasculitis UK has a number of places available for this event. We are also looking for volunteers to help on the day. If you would like to enter and raise funds for Vasculitis UK, or if you would like to volunteer, please e-mail: [Richard Eastoe](mailto:Richard.Eastoe@vasculitis.org.uk).

Full details about the event can be found at [V-UK Events](#) and at [Dales Walk for All](#)

## Debbie's Cake & Bake Book



The family and friends of the late Debbie Gregson have produced a fantastic recipe book in memory of Debbie who died recently from the complications of vasculitis.

The book is full of over 50 delicious recipes and would make a wonderful present for anyone interested in baking. All funds raised from the sale of the book will come to Vasculitis UK.

Debbie's Cake & Bake Book cost £5 + £1.50 p&p. Details for ordering are available by e-mailing: [Sam Cunningham](mailto:Sam.Cunningham@vasculitis.org.uk)

## Lupus Information Day

Lupus Information Day to be organised by the East Anglian branch of Lupus UK on Saturday 12th of October in Hinxton near Cambridge.

Vasculitis UK will have an information table at the event. As well as covering Lupus, the day will include presentations on related syndromes such as Raynaud's and Sjorgren's. There will also be a talk about coping with fatigue and stress.

Tickets are required but these are free of charge. For information and tickets please contact Shelagh Cheesman of Lupus UK on 01223 833013

## Vasculitis Support Group Lunches and Meetings

For full details of the following Support Group lunches and meetings please visit: [Vasculitis-UK Events](#)

- 10 August - Beds, Bucks & Herts - Informal lunch
- 26 August - County Waterford, Ireland - Coffee and Chat
- 1 September - Lincolnshire - Informal lunch and meeting
- 7 September - Belfast meeting
- 15 September - North West & Lancashire meeting
- 29 September - West Country - Informal lunch
- 5 October - East Midlands meeting
- 7 October - Merseyside, Cheshire & North Wales meeting
- 12 October - All Ireland Conference
- 13 October - West Midlands meeting
- 20 October - West Yorkshire meeting
- 20 October - London (North) meeting



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