



### May is Vasculitis Awareness Month

May is nearly upon us again. It may have started in America but we Brits have taken this important month - Vasculitis Awareness Month - to our hearts. Last year there were so many members raising awareness and helping to raise the profile of Vasculitis UK.

This year is no different and already we have radio and newsletter interviews lined up. Also a number of wonderful people are getting out there, undertaking events and raising funds for your charity to enable us to continue our good work. See the right hand column for details.

### What could you do for Awareness Month?



We are promoting "Ladies Do Lunch". Let's see how many ladies out there will invite 2, 3 or 4 of their friends to lunch. Provide them with a great meal, wine and conversation, and ask them to donate to V-UK what they would have paid if they had gone to a restaurant, or at least something towards their lunch. Why not check

out our [Ladies Do Lunch Facebook page](#)

For the gentlemen, what about a "Pie and a Pint with Pals"?

#### Other ideas -

- Contact your local paper and tell your vasculitis story
- Hand out leaflets at your place of work
- Speak to your local WI
- Run a quiz night
- Have a cake or book stall.

We can provide you with leaflets and balloons and other goodies - all you have to do is ask - contact [Jann Landles](#)



### Awareness Month Fundraisers

#### 4th May -

**David Elvide** - Grand Anglia Run

**Holly Hampshire** - "Cycle and run"

#### 10th May

**Kelly Wright and friends** - Rat Race Dirty Weekend, Burghley

#### 17th May

**Thames Riverside Ramble**

#### 18th May

**Nicola Allan** - Aberdeen Baker Hughes 10K

#### 24th May

**Natalie Mouldsdales and friends** - Walk up Snowdon

#### West Country VSG -

Volunteering in Health Fun Day  
- Bric-a-brac sale

### Meetings in May

#### Vasculitis UK AGM

The 2013 AGM will be held on Sunday 11th May at the Novotel, Long Eaton.

## New in the V-UK Shop



New in the Shop for Awareness Month, this special 2014 t-shirt. It comes in black or pale blue. £14.25 each + £2 p&p.

A fantastic way to promote V-UK

Also, whether you shop in the supermarket or the farmers market, raise awareness with our quality cotton shopper.



This comes as a May Awareness Pack with a dinky key ring/easily extracted trolley disc, a pen and a "to do" list. This pack really is a snip at £6 + £2.75 p&p.

Another fantastic way to promote V-UK. Details for ordering can be found at: [V-UK Shop](#)

## Other News in Brief

- ◆ The Trustees are sorry to announce that Professor Lorraine Harper stood down as a Medical Advisor to the Trust in March. Dr David Jayne has kindly agreed to become a Medical Advisor to the Trust and joins Dr Richard Watts, ensuring V-UK continues to have an eminent nephrologist and rheumatologist offering advice to the charity.
- ◆ V-UK is changing the way in which research grants are awarded. The Trust is pleased that the new Research Review Panel will be chaired by Dr David GI Scott. Dr Scott was, of course, the co-author of "Vasculitis in Clinical Practice".
- ◆ At the end of April Vasculitis UK will have a stand at the British Rheumatology Conference in Liverpool and also at the Nephrology Conference in Glasgow. The Trust is hopeful that the new ventures will help to bring vasculitis to the attention of more medical professionals. Hopefully it will also highlight what V-UK can do for their patients.
- ◆ In April the BSR BHPR Guidelines for the Management of Adults with ANCA Associated Vasculitis were published in "Rheumatology". These are reproduced on the V-UK website. You can read the Guidelines at: [Rheumatology Guidelines](#)

## Other meetings

**17th May -**  
Beds, Bucks & Herts - Informal lunch

**31st May -**  
London SE/NW Kent VSG

Full details about all the above meetings, including contact details, and for information on other events visit the [Vasculitis UK website](#)

## Exciting News for July - Portsmouth VSG

**19th July** will see the first meeting of the new Portsmouth Vasculitis Support Group. Read all about it at: [Living Well with Vasculitis](#)

## My Condition, My DNA



This is a new project from Genetic Alliance.

The aim of the project is to find out what patients and families think about genomic sequencing.

This will involve exploring the ethical, societal and practical issues raised by the NHS using genomic sequencing to collect large amounts of an individual's genetic information with the view to improving healthcare.

Further information can be found at: [Genetic Alliance](#)