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November 2013 e-News

V-UK is pleased to announce that Dr Richard Watts has now joined the charity as a Medical Advisor



Dr Richard Watts is Consultant Rheumatologist in Ipswich and senior lecturer at Norwich Medical School and Visiting Professor of Rheumatology at University Campus Suffolk.

Richard has kindly agreed to act at Medical Advisor to Vasculitis UK. Dr Watts will work along with our current Medical Advisor Professor Lorraine Harper.

This will strengthen our team to be represented by expert vasculitis medical practitioners in both rheumatology and nephrology.

Patient views on the Regulation of Medicines **Here is your chance to get your views heard.**



As part of a European research study, Genetic Alliance UK and researchers at the University of South Wales want to understand how patients perceive the risks and benefits of medicines. The work is important to ensure that patient views are valued in the regulation of new medicines.

If you are 18 or older, and you are a patient or a carer, you can help by completing a short online survey. The survey includes questions about your experience with medicines, your view of the risks and benefits associated with medicines, and how you think medicines should be regulated.

Please complete the survey before Christmas. To complete the survey please use this link: [Patient Survey](#)

Your individual answers will be confidential, and you will remain anonymous (you will not be asked your name). The organisers of the survey will share the overall survey findings with other patient groups and relevant decision makers, such as regulators.

Vasculitis Support Group Meetings

Vasculitis Awareness Ireland - 17th November

Cambridge VSG - 7th December

East Midlands VSG Christmas lunch - 14th December

South Wales VSG - 4th January

North West VSG - 9th March

For full details of the above please visit our website [Events](#)

Fundraisers for Vasculitis UK

Why not read about the fundraisers who will be raising money for V-UK in the next few months?

There's:

- Holly's "Leeds Abbey Dash",
- "Christmas food and craft fair" in Derbyshire,
- Andrew's "Rock Solid 10K", and
- Duncan's "Greater Manchester Marathon".

For full details of the above please visit our website [Events](#)

NHS Youth Forum



Calling our young vasculitis members. Here are details of the NHS Youth Forum. **This is your chance to make your voice heard.**

The purpose of the group is to bring together a diverse range of young people who can use their own perspectives and experiences of the healthcare services which are commissioned by NHS



Vasculitis UK joins ARMA

Vasculitis UK would like to announce that we have become a member of Arthritis and Musculoskeletal Alliance (or ARMA). ARMA is a charitable

umbrella organisation providing a collective voice for the arthritis and musculoskeletal community in the UK. Their vision is of an effective, unified musculoskeletal community working together to improve the lives of people with musculoskeletal disorders (MSDs)

ARMA's aim is to transform the quality of life of people with musculoskeletal disorders. This is achieved by shaping policy and best practice in partnership with its member organisations. This objective sits comfortably with our efforts at Vasculitis UK.

ARMA have 40 member organisations, ranging from specialised support groups for rare diseases to major research charities and national professional bodies and they work inclusively with their members and external partners to deliver improvements to services for people with all forms of musculoskeletal disorders.

We are delighted to be a member of ARMA and will be looking for opportunities to promote the welfare of vasculitis patients. Why not view the [ARMA](#) website?



Vasculitis UK - Christmas shop

Have you bought your Christmas cards yet?

◆ Don't forget that V-UK have Christmas card packs available - 12 cards plus a V-UK pen for £2.00 + £1.50 p&p.

◆ Also we have a lovely tree decoration - a beaded snowflake - £4 each including p&p.

Take a look at our shop and buy whilst stocks last: [V-UK Shop](#)



Easy Fundraising at Christmas

Are you letting your fingers do the hard work this Christmas and shopping on-line?

Maybe you are roaming Amazon looking for the right CD or DVD, perhaps you were browsing John Lewis for something different. Maybe you are thinking of taking advantage of offer from Tesco or Sainsbury's for food and drink this holiday season.

While you are putting that special something under the tree for that special someone, or even planning that perfect

England to try and improve the experience for all young people.

Full details at: [NHS Youth Forum](#)

Vasculitis UK Website

Have you visited our [website](#) recently? We have been carrying out some updating and improvements.

Amongst other things you will now find a direct link from the Individual Disease pages to the drugs for each disease. You can also easily download any of the Individual Disease pages by using the link at the bottom of each page.

Why not check out the new [Fundraisers Photo Gallery](#).

Don't forget that there is now a site map to help you find your way about. Also there's the Google Search.

Happy surfing !!!

Donating to V-UK

There are lots of ways you can donate -

- ... Cheque,
- ... Standing order,
- ... Credit or Debit card via PayPal or JustGiving.



Full details at [Donate to V-UK](#)

Special present for those who like a simple mobile phone

This Christmas, why not buy the perfect gift.....a **Doro mobile phone**.

These have been designed especially for those who like to keep in touch, while keeping things simple.



These high-quality mobile phones cost £46 (with up to 51% off normal RRP!) and are available from our mobile partner, *Donate*

Christmas meal, you can be helping Vasculitis UK raise money without any additional cost to you.

Too good to be true! Not at all. By registering with Easyfundrasing.co.uk, and signing in before shopping, Vasculitis get a small amount for things you buy without you having to pay anything extra.

Make our Christmas at Vasculitis UK by using your Christmas shopping as a way to raise money for the charity. Whilst you are at it, why not ask your friends and family to sign up? Couldn't be easier and it won't cost you a penny. Check out the details at: [Easy Fundraising](#)

Mobile. Don't forget that with each phone purchased Vasculitis UK receives a 10% donation – at no extra cost to you!

Phone 0203 463 1386 to order or contact: [Christmas phone offer](#)

Vasculitis UK

Supporting patients with vasculitis, helping raise awareness and funding vasculitis research in the UK since 1992

Reg Charity No.1019983



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