# E-NEWSLETTER



## Research Funding 2013



Vasculitis UK is proud to announce that funding has now been given to the following research projects:

MYPAN. This UK and European research is being conducted Dr Paul Brogan who is based at Great Ormond Street Hospital for Children in London. Arthritis UK are funding the majority of this research but the shortfall has been met equally by V-UK and LCTF.

GENVAS. This project is being conducted by Dr Richard Watts at Ipswich Hospital.

In addition Vasculitis UK is also funding the VASCULITIS REGISTRY. This is a five year project starting in 2013.

You can read about these research projects and others funded by Vasculitis-UK at:  $\underline{V\text{-}UK}$  Research Funding

# The Yorkshire Dales Walking Festival



Just a reminder that Vasculitis UK will be taking part in the Yorkshire Dales walking festival on Sunday the 18th of August.

We're still looking for fundraisers to join us in Settle and to take part in one of the three walks :

- A short 5 mile walk through the heart of Attermire Scar
- An intermediate 14 mile walk through Malhamdale including a climb up Malham Cove
- A long 28 mile challenge taking in Ingleborough and climbing Pen-y-Ghent

More details can be found here: Walk for All

If you wish to take part and raise funds for V-UK please contact Richard as soon as possible. We have free places available so don't register on the Walk For All website before talking to Richard.

We also need volunteers to help on the day of the festival with setting up the course, registering walkers at the start/finish line, volunteers to

## Debbie's delicious desserts, cakes & bakes



The family and friends of the late Debbie Gregson have produced a fantastic recipe book in memory of Debbie who died recently from the complications of vasculitis..

The book is full of over 50 delicious recipes

Sponsorship has been obtained to produce the book so that all funds raised will come to Vasculitis UK

The books cost £5 each + £1.50 p&p. Details for ordering are available by e-mailing: <u>Sam</u> <u>Cunningham</u>

#### Do you know your Trustees?

Don't forget you can view the profile of the Trustees of V-UK and see what they look like at: <u>Meet the</u> <u>Trustees</u>

## Surrey Vasculitis Support Group

We are pleased to announce that there is now a new Support Group Leader for the Surrey area - Jim Lee. Jim can be contacted at 01342 833321

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be course marshals and to man the checkpoints and also for front and back markers on the walk itself. So anyone who wants to come along and volunteer will also be making a huge contribution to Vasculitis UK.

Please contact: Richard Eastoe for further details.

## Highlighting Three Recent Fundraising Events



Mount Kilimanjaro Conquered

In June the Fab 5 made it to Gilman's Summit. It took a lot of hard work sweat and determination to get there but they all made it. We understand that along the way they had so much fun and took some amazing pictures.

The aim of the Fab 5 (Jitesh & Tara Gami, Ashok & Nisha Ladhani & Hiral Lakhman was to raise £5,000 for V-UK. They haven't quite made it but if you would like to help them reach their target it isn't too late: Fab 5 Just Giving page

#### **Thames Riverside Walk**

On 22nd June Jacqui Moran organised the Thames River Path Walk. It wasn't the warmest of days but at least it didn't rain. Jacqui was joined by over 20 other walkers including Karen St.Ledger and the family Hart together with a couple of four legged friends.



Vasculitis UK are very pleased to announce that so far this magnificent group have raised over £11,000 for V-UK. Many thanks to everyone involved.



#### Worcester Way Walk

On 29th June, Martyn Wells together with Chris Jewson, Sarah Pittaway and their friends and family, set off from Bewdley at 5am to walk the 31 miles of the Worcester Way. That really was a marathon event as it involved an ascent of 1056 meters (approximately 1155 yards).

Were they going to make it? It was a hot day and many litres of water were consumed. The heat and distance got to a few who had to drop out, but the majority finished the long trek, even having a sprint for the final 200 yards. So far the group have raised almost £5,000 for Vasculitis UK.

You can read more about the Worcester Way Walk at: <u>Worcester Way</u> <u>Walk</u>

#### or 07876 561075 or by <u>e-mail</u>

### **Dear Diary**

14th July London 10K. Olympus Team run the Leeds 10K. London (north) VSG meeting.

**21st July** Castle Howard Triathlon.

22nd July Liverpool-Cheshire-N.Wales VSG meeting.

**4th August** Tasha freefalls for V-UK.

10th August Suzzane skydives for V-UK. Beds, Bucks & Herts VSG informal lunch.

**17 August** Billy, aged 8, runs for his Granddad.

**18th August** Oxfordshire VSG informal lunch. Dales Walking Festival.

**25th August** "Tour de Yorkshire".

Vasculitis Support Group meetings Sept and October

01.09.13 - Lincolnshire 15.09.13 - North West & Lancs 29.09.13 - West Country lunch 05.10.13 - East Midlands 13.10.13 - West Midlands 20.10.13 - London (north)

Full details of all events for 2013 can be found at: <u>V-UK</u> <u>Events</u>



You can now pay by PayPal when buying from the V-UK shop. We are still happy to receive payment by cheque. Please visit: <u>V-UK Shop</u> All our fundraisers will be mentioned in the Autumn Newsletter, but the following have also recently completed their events and we would like to thank all our fundraisers and their sponsors for raising funds for Vasulitis-UK. It still isn't too late to read their stories or to donate at: <u>JustGiving.com</u>



Cheryl & Lynne - Transpennine Challenge, Marie, Ross & friends - West Highland Way in memory of James Maitland. Linda Flegg - Walking the Manx Way. Aasma Rasul - Running 10K. Julie Scott - Run for Life in York. Charlotte Birkett - Shell Chester Half Marathon. Aimee Morrison - raising money in various ways. Kira Kilroy & family - Great Manchester Run. Apologies if we have inadvertently missed anyone out.

Vasculitis UK West Bank House Winster Derbyshire DE4 1DQ

Registered charity number 1019983

\* UNSUBSCRIBE

- \* FORWARD TO A FRIEND
- \* CONTACT US

## Some *free* ways to raise funds for Vasculitis UK

Make <u>"easysearch"</u> your preferred search engine. Every search means a small donation to V-UK

When shopping on line don't forget <u>"easyfundraising</u>". Every time you shop the supplier donates a small percentage to V-UK. It doesn't cost you anything.

Sign up to <u>Donate Mobile</u> and every time you use your mobile Donate Mobile will donate a percentage to V-UK, and it doesn't cost you a penny extra.