

The Dey Vasculitis Family Challenge



In late 2020 Andy, started feeling unlike his usual self. He is a very fit person but was struggling to run short distances. This progressed to an inability to do everyday activities such as walking around the block and up/down stairs. Things came to a head in February 2021 when one weekend Andy

found he couldn't walk properly and was coughing up blood.

He was rushed in to hospital where he stayed for around 2 weeks including 10 days in the high dependency unit. After countless blood tests, scans and biopsies we were given the diagnosis of vasculitis. While we were relieved to have a diagnosis we had never heard of vasculitis so didn't know what to expect.

Andy has now been out of hospital for several months and is making a steady recovery. It has been a challenging time for the family as they have got used to Andy's new normal. In the past month he has gone from being unable to walk from the living room to the bedroom by himself to initially taking short walks around the block to longer 5 mile hikes. The outlook is very positive hopeful thanks to the early detection of vasculitis.

As a family we wanted to do something positive to raise money for Vasculitis UK. May is World Vasculitis Awareness month. On the 22nd May it was 66 days since Andy was discharged from hospital. So the Dey family collectively planned to run/cycle/walk 66 miles to raise as much money as we could for Vasculitis UK.

In the end, we managed to run/cycle/walk a total of 164 miles and were delighted to raise £6,355 for Vasculitis UK.